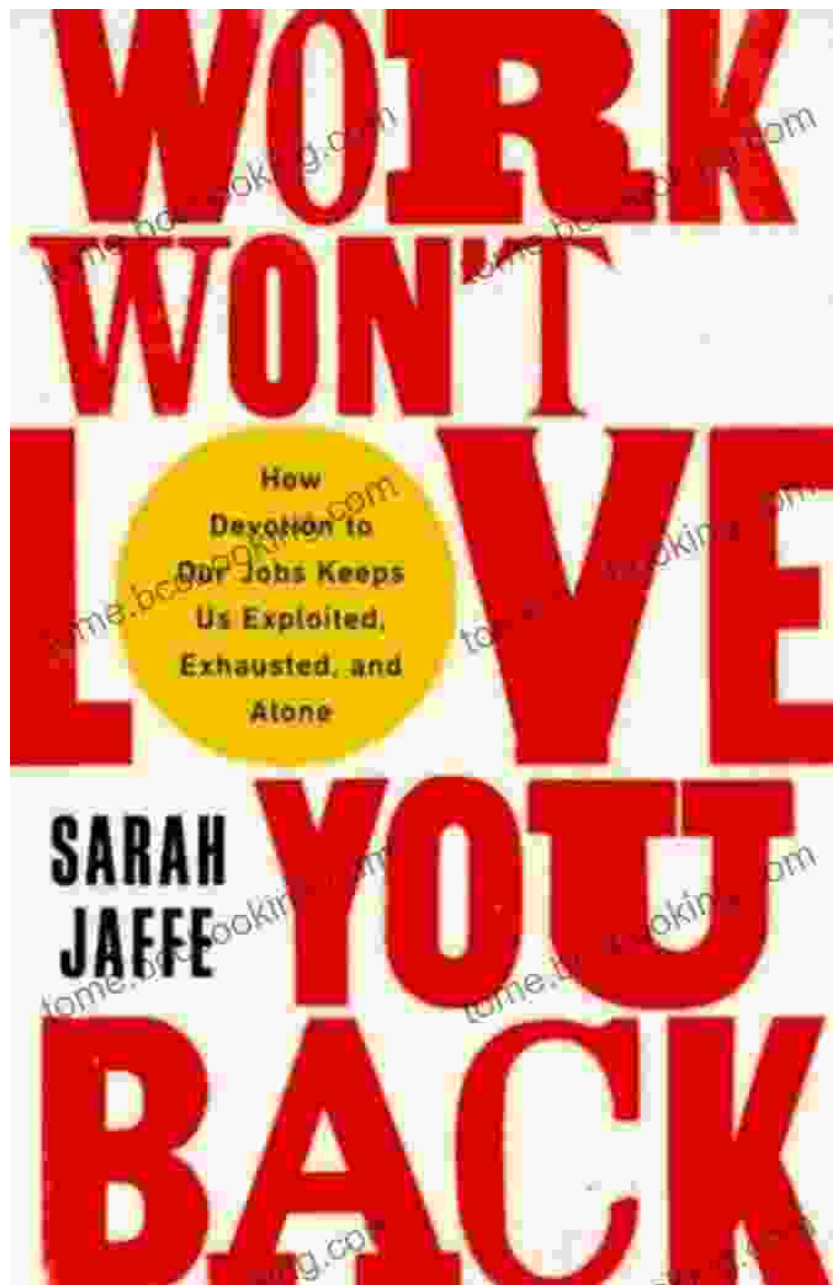
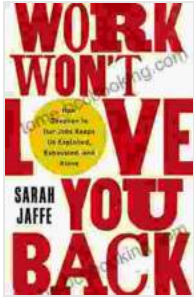


Work Won't Love You Back: The Essential Guide for Women on Overcoming Career Burnout and Reclaiming Your Life



Work Won't Love You Back: How Devotion to Our Jobs Keeps Us Exploited, Exhausted, and Alone by Sarah Jaffe

★★★★☆ 4.2 out of 5



Language	: English
File size	: 2037 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 433 pages



Are you a woman who is feeling burnt out and unfulfilled in your career? Do you feel like you're constantly sacrificing your personal life for your job, but it's never enough? If so, you're not alone. Millions of women are struggling with career burnout, and it's taking a toll on their physical, mental, and emotional health.

But there is hope. In her groundbreaking book, *Work Won't Love You Back*, Sarah Jaffe offers a roadmap for overcoming career burnout and reclaiming your life. Drawing on her own experiences and the latest research, Jaffe provides a wealth of practical advice and strategies for:

- Identifying the signs and symptoms of career burnout
- Understanding the root causes of burnout
- Developing coping mechanisms for dealing with stress
- Setting boundaries between work and personal life
- Creating a more fulfilling and sustainable career path

Whether you're just starting to feel burnt out or you're already at your breaking point, *Work Won't Love You Back* is an essential guide for helping you to overcome this challenge and reclaim your life.

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About the Author

Sarah Jaffe is a journalist, author, and speaker who writes about work, gender, and the economy. Her work has appeared in *The New York Times*, *The Washington Post*, *The Atlantic*, and *The Guardian*. She is the author of the books *Work Won't Love You Back* and *Necessary Trouble: Lessons in Revolution from the Greensboro Sit-Ins*.

Praise for *Work Won't Love You Back*

"Sarah Jaffe's *Work Won't Love You Back* is a must-read for any woman who is feeling burnt out and unfulfilled in her career. Jaffe offers a roadmap for overcoming this challenge and reclaiming your life."

— **Arianna Huffington, founder and CEO of Thrive Global**

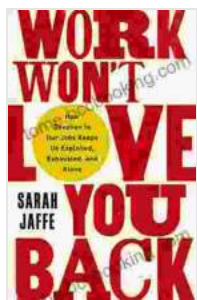
"*Work Won't Love You Back* is a powerful and important book. Jaffe provides a much-needed voice for the millions of women who are struggling with career burnout. Her insights and advice are invaluable."

— Reshma Saujani, founder and CEO of Girls Who Code

Free Download Your Copy Today

Work Won't Love You Back is available now from all major booksellers. Free Download your copy today and start reclaiming your life.

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