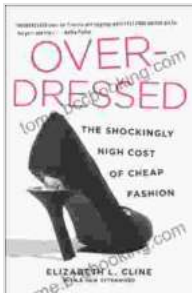


# Overdressed: The Shockingly High Cost of Cheap Fashion

In her groundbreaking book, *Overdressed*, Elizabeth Cline exposes the hidden costs of the fast fashion industry and its impact on our planet and its people.



## Overdressed: The Shockingly High Cost of Cheap

**Fashion** by Elizabeth L. Cline

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1665 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 267 pages
Screen Reader	: Supported
Paperback	: 126 pages
Item Weight	: 8.6 ounces
Dimensions	: 6 x 0.29 x 9 inches



Cline argues that the low prices of fast fashion come at a high price, both environmentally and socially. The industry is responsible for a significant amount of pollution, water usage, and greenhouse gas emissions. It also relies heavily on cheap labor, often in developing countries, where workers are paid poverty wages and work in dangerous conditions.

Cline's book is a wake-up call to consumers about the true cost of their clothing. She challenges us to think about the environmental and social impact of our Free Downloads and to make more sustainable choices.

## **The Environmental Cost of Fast Fashion**

The fast fashion industry is a major contributor to pollution, water usage, and greenhouse gas emissions.

- The industry produces about 10% of global carbon dioxide emissions, more than international flights and shipping combined.
- It also produces a significant amount of water pollution, as dyes and chemicals used in the manufacturing process are often dumped into rivers and streams.
- The industry is also a major consumer of water, using about 4% of the world's freshwater supply.

## **The Social Cost of Fast Fashion**

The fast fashion industry relies heavily on cheap labor, often in developing countries, where workers are paid poverty wages and work in dangerous conditions.

- Many fast fashion workers are paid less than a living wage, and they often work long hours in unsafe factories.
- Workers are often exposed to hazardous chemicals and dyes, and they may also be subject to physical and verbal abuse.
- The fast fashion industry has also been linked to forced labor and child labor.

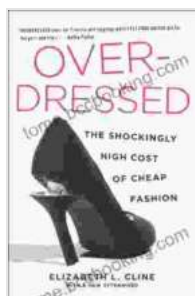
## What Can We Do?

Cline argues that consumers can make a difference by making more sustainable choices about their clothing.

- Buy less clothing, and buy higher-quality items that will last longer.
- When you do buy clothing, look for sustainable brands that use eco-friendly materials and production practices.
- Donate or recycle your old clothing instead of throwing it away.
- Get involved in activism and advocate for change in the fashion industry.

By making these changes, we can help to reduce the environmental and social impact of the fast fashion industry.

Overdressed is a must-read for anyone who cares about the environment and social justice. Cline's book is a powerful indictment of the fast fashion industry and a call to action for consumers to make more sustainable choices.



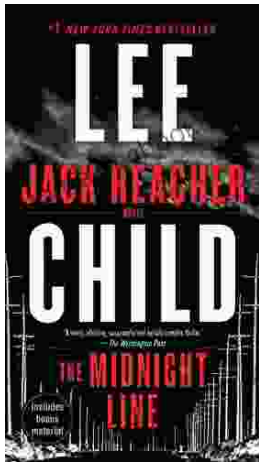
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