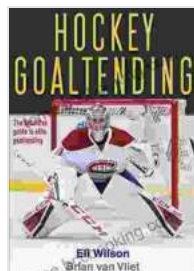


Hockey Goaltending: The Art of Stopping the Puck



Hockey Goaltending by Eli Wilson

★★★★☆ 4.8 out of 5

Language	: English
File size	: 12890 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 248 pages
Lending	: Enabled



By Eli Wilson

Hockey goaltending is one of the most challenging and rewarding positions in all of sports. A good goaltender can make the difference between winning and losing, and the great ones can steal games all on their own.

In *Hockey Goaltending: The Art of Stopping the Puck*, former NHL goaltender Eli Wilson shares his insights and expertise on the position. Wilson covers everything from the basics of goaltending, like stance and positioning, to advanced techniques, like butterfly saves and blocker catches.

Wilson also provides in-depth analysis of different shooting styles and tendencies, and offers tips on how to read and react to shooters. He also

discusses the mental side of goaltending, and how to stay focused and confident in the face of pressure.

Whether you're a new goaltender just starting out, or a seasoned veteran looking to improve your game, *Hockey Goaltending: The Art of Stopping the Puck* is a valuable resource. Wilson's insights and expertise will help you take your goaltending to the next level.

Table of Contents

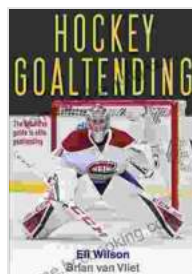
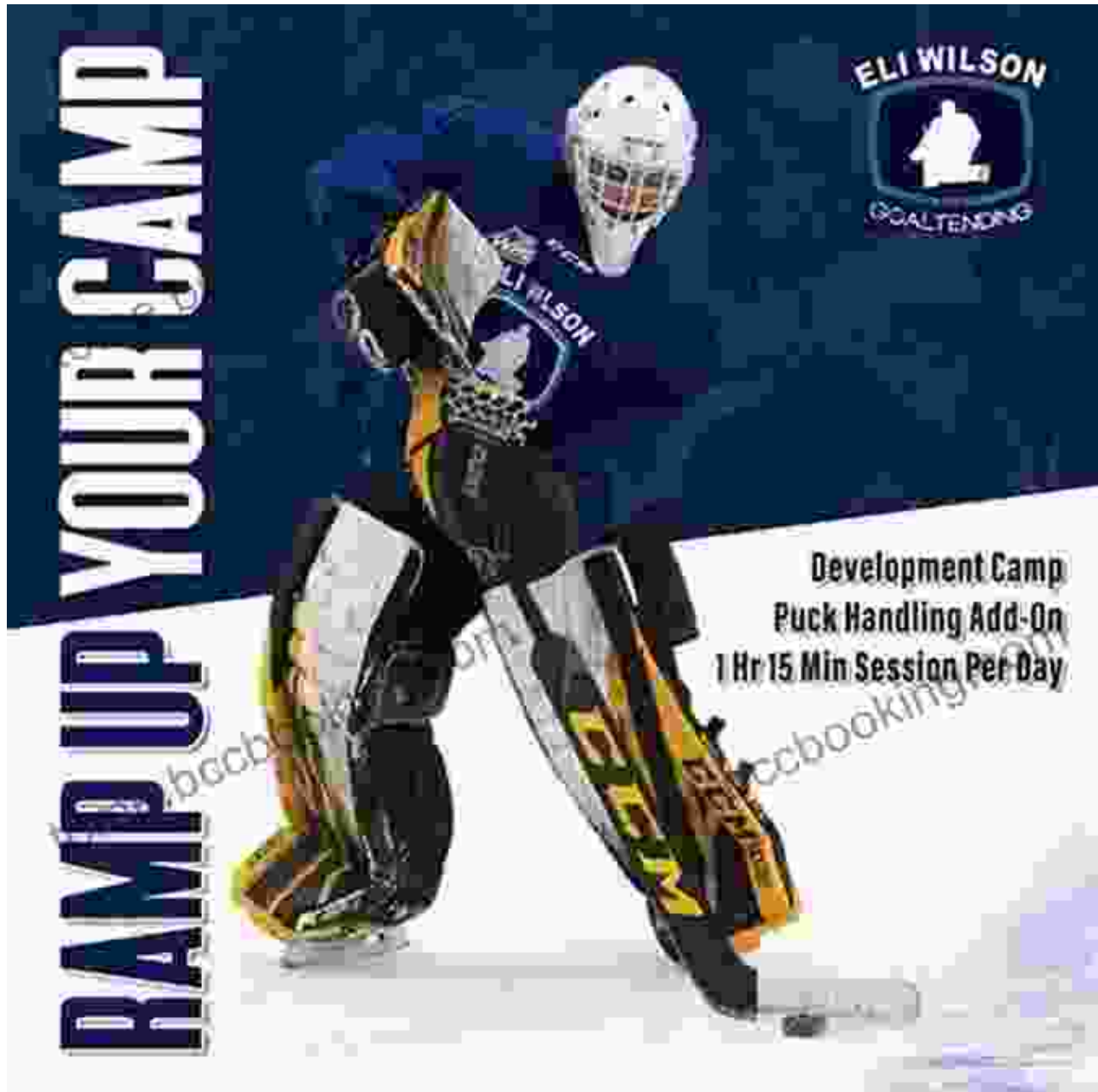
- 1.
2. The Basics of Goaltending
3. Advanced Techniques
4. Shooting Styles and Tendencies
5. Reading and Reacting to Shooters
6. The Mental Side of Goaltending
- 7.

About the Author

Eli Wilson is a former NHL goaltender who played for the Boston Bruins, Toronto Maple Leafs, and Vancouver Canucks. He is currently a goaltending coach for the Anaheim Ducks.

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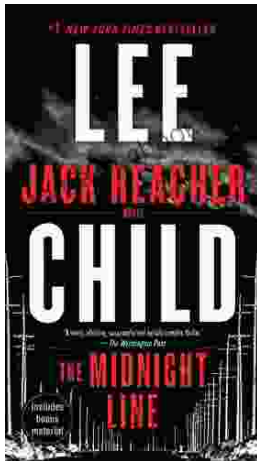
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