

# Half Paralyzed Twice Strong: An Inspiring Memoir of Resilience and Overcoming Adversity

In her powerful and inspiring memoir, *Half Paralyzed Twice Strong*, accomplished speaker and author, Kelly McNelis, shares her incredible journey of overcoming adversity and finding strength in the face of life's challenges.



## Half Paralyzed, Twice Strong: A Shot at Hope from the Deep Rough by Duncan Wells

★★★★☆ 4.8 out of 5

Language : English  
File size : 1246 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 159 pages  
Lending : Enabled  
Screen Reader : Supported



At the age of 24, Kelly suffered a stroke that left her half paralyzed. With determination and an unwavering spirit, she worked tirelessly to regain her mobility and rebuild her life. Just as she was regaining her strength, tragedy struck again when she was diagnosed with a rare form of cancer that left her paralyzed on the other side of her body.

Refusing to let adversity defeat her, Kelly embarked on a second journey of recovery. Through sheer willpower and the support of her loved ones, she defied the odds and regained her mobility once more.

Half Paralyzed Twice Strong is a raw and honest account of Kelly's experiences. She shares her struggles, her triumphs, and the lessons she has learned along the way. Her story is not only an inspiration to those who have faced similar challenges, but to anyone who has ever faced adversity and wondered if they could overcome it.

With wit, humor, and unwavering optimism, Kelly's memoir offers a powerful message of hope and resilience. She reminds us that even in the darkest of times, there is always light to be found. Half Paralyzed Twice Strong is a must-read for anyone looking for inspiration and the courage to face life's challenges head-on.

### **About the Author**

Kelly McNelis is an accomplished speaker, author, and advocate for people with disabilities. She has been featured in numerous media outlets, including The Today Show, CNN, and The Washington Post. Her TEDx talk, "The Power of Vulnerability," has been viewed over 1 million times.

Kelly is the founder of the Half Paralyzed Twice Strong Foundation, a nonprofit organization dedicated to providing support and resources to people with disabilities. She is also the author of the children's book, "The Adventures of Super Kelly: A Story About Overcoming Challenges."

Kelly's passion is inspiring others to live their lives to the fullest, regardless of their circumstances. She believes that everyone has the potential to

overcome adversity and achieve their dreams.

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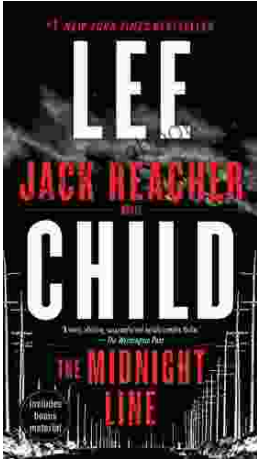


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